

TIME FOR A CHANGE?

We asked Interior Designer Sasha Willox if she had any tips for readers who are looking to re-design a room and she explains to us the 5 key elements to look out for...



SPACE

Where smaller spaces are concerned, focus on making the room feel as light and open as possible. To do this try and create the illusion of more space by opting for furniture with clean lines and open legs. Floating shelves or units are a great way to trick the mind into thinking a space is larger. In large or long rooms, subdivide different areas with a rug or slightly different wall colour to give definition to each part of the room. And in smaller areas using the same flooring material for adjoining rooms creates an uninterrupted flow and the illusion of space.

LIGHT

Light is essential in interior design. It can be natural or man-made and can influence the mood and ambience of a living space. When creating a room think about the 3 main types – task, accent and mood lighting. An amazing lighting feature can create a really great focal point.

TEXTURE

Texture adds depth and interest to a space. Think about adding both Visual Textures (those that can be seen in an interesting mirror) and Touch Textures (those that can be seen and felt ie cushions, throws etc). Whilst there should be a dominant texture to define a mood, try to find a contrasting texture to help avoid monotony.

COLOUR

Colour can influence our moods and perceptions and is crucial in any room design. It can add depth to a space and can even trick the eye into thinking a room is wider or larger than it might be. Accent colour on a far wall is still a great way to draw the eye and will give an illusion of more depth. If you are unsure about which colours go together then a Colour Wheel is a fail-safe way of working out colour combinations. Most importantly don't be afraid of using pops of colour here and there and have some fun.

PATTERN

Patterns add interest and life to a room and can lift a scheme from 'nice' to 'amazing!' Abstract and florals are particularly on trend for 2019.

These are the main elements of any design. However putting this all into practice can take time and effort but the end result will definitely be worth it. Most importantly enjoy the process! ■

www.willoxinteriors.com



“Colour can influence our moods and perceptions and is crucial in any room design”

